

iPhone



HealthPlanet

<https://apps.apple.com/jp/app/%E3%83%98%E3%83%AB%E3%82%B9%E3%83%97%E3%83%A9%E3%83%8D%E3%83%83%E3%83%88-%E5%81%A5%E5%BA%B7%E7%AE%A1%E7%90%86-%E3%83%80%E3%82%A4%E3%82%A8%E3%83%83%E3%83%88-%E4%BD%93%E9%87%8D%E7%AE%A1%E7%90%86%E3%82%A2%E3%83%97%E3%83%AA/id692700901>



HealthPlanetWalk

<https://apps.apple.com/jp/app/%E3%83%98%E3%83%AB%E3%82%B9%E3%83%97%E3%83%A9%E3%83%8D%E3%83%83%E3%83%88walk-%E6%AD%A9%E6%95%B0%E8%A8%88-%E3%82%A6%E3%82%A9%E3%83%BC%E3%82%AD%E3%83%B3%E3%82%B0/id1265098242>